



# PLAY HOCKEY LIKE A PRO!

House Hockey begins September 11, but it's never too late to join....also watch for our Try Hockey for Free Day coming in Nov.

## WHY SHOULD I PLAY HOCKEY THIS FALL?

- Meet new friends and gain a new community
- Learn to play as a team
- Build confidence, coordination and a healthy lifestyle
- Try something new while having fun!

## Mite Hockey Program

Brand new to skating? New to hockey? Can skate, but don't know hockey? Love hockey? We have something for everyone! Our mite hockey program ranges from 4 years old and up. NO PRIOR CLASSES OR SKILLS REQUIRED.

## Mini Mites

This is for our youngest players (4-6 years old) where they will learn to skate, learn basic hockey skills and have fun! This program runs twice a week.

## Mite House

This is for our players (6-8 years old) who can skate and are ready to play games and scrimmages. There will be skill development and learning how to play the game of hockey. There will be 1 practice and 1 game per week.

## Mite Travel

This is for experienced hockey players at a more competitive level. Tryouts required.

Come visit us for more information at [www.northbrookbluehawks.org/juniorbluehawks](http://www.northbrookbluehawks.org/juniorbluehawks) or contact Ken Johnson (Youth Hockey Director) for any questions at [kbjis@yahoo.com](mailto:kbjis@yahoo.com) or 847-997-4625

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